
OUR LADY OF ASSUMPTION TRACK AND FIELD MEET SCHEDULE

May 17, 2022

SHOT PUT: Starting at 9:40

(4 participants per school)

9:40 – Gr. 4 Girls

10:15 - Gr. 4 Boys

10:45 – Gr. 5 Girls

11:15 – Gr. 5 Boys

11:45 – Gr. 6 Girls

12:15 – Gr. 6 Boys

12:45 – Gr. 7 Girls

1:15 – Gr. 7 Boys

DISCUS: Starting at 9:40

(2 participants per school)

9:40– Gr. 5 Girls

10:15 – Gr. 5 Boys

10:45 – Gr. 6 Girls

11:15 – Gr. 6 Boys

11:45 – Gr. 7 Girls

12:15 – Gr. 7 Boys

LONG JUMP: Starting at 9:40

(4 participants per school)

Pit 1: Pit 2:

Gr. 7 Girls Gr. 7 Boys

Gr. 6 Girls Gr. 6 Boys

Gr. 5 Girls Gr. 5 Boys

Gr. 4 Girls Gr. 4 Boys

Gr. 3 Girls Gr. 3 Boys

HIGH JUMP: Starting at 9:40

(2 participants per school)

Gr. 6 Boys

Gr. 6 Girls

Gr. 7 Boys

Gr. 7 Girls

200M: Starting at 9:40

(4 participants per school)

Gr. 6 Boys

Gr. 6 Girls

Gr. 7 Boys

Gr. 7 Girls

60M: Starting at 10:10

(unlimited participants)

Gr. 3 Boys Gr. 3 Girls

Gr. 4 Boys Gr. 4 Girls

Gr. 5 Boys Gr. 5 Girls

1500M: Starting at 11:00
(2 participants per grade level per school)
Gr. 7 Boys
Gr. 7 Girls
Gr. 6 Boys
Gr. 6 Girls
Gr. 5 Boys
Gr. 5 Girls
Gr. 4 Boys
Gr. 4 Girls
Gr. 3 Boys
Gr. 3 Girls

100M: Starting at 11:45
(unlimited participants for all grades)
Gr. 3 Boys Gr. 3 Girls
Gr. 4 Boys Gr. 4 Girls
Gr. 5 Boys Gr. 5 Girls
Gr. 6 Boys Gr. 6 Girls
Gr. 7 Boys Gr. 7 Girls

400M: Starting at 12:45
(4 participants per school)
Gr. 6 Boys
Gr. 6 Girls
Gr. 7 Boys
Gr. 7 Girls

4 X 100M: Starting at 12:45
(2 relay teams per school)
Gr. 3 Boys
Gr. 3 Girls
Gr. 4 Boys
Gr. 4 Girls
Gr. 5 Boys
Gr. 5 Girls
Gr. 6 Boys
Gr. 6 Girls
Gr. 7 Boys
Gr. 7 Girls

**2022 LANE ASSIGNMENTS FOR
RELAYS & 60M RACES:**

Lane 1: St.Francis de Sales
Lane 2: St. Michael's
Lane 3: O.L.A
Lane 4: Our Lady of Fatima
Lane 5: QAS
Lane 6: St. Jude's
Lane 7: St. Patrick's
Lane 8: Saint Anthony of Padua

4 X 100M MIXED RELAYS: Starting at 2:00
(1 relay team per school)
Gr. 3 Mixed (2 relay teams per school)
Gr. 4 Mixed (2 relay teams per school)
Gr. 5 Mixed (1 relay team per school)
Gr. 6 Mixed (1 relay team per school)
Gr. 7 Mixed (1 relay team per school)

800M: Starting at 2:30

(4 participants per school)

Gr. 7 Girls(4 participants per school for Gr. 4 to 7)

Gr. 7 Boys

Gr. 6 Girls

Gr. 6 Boys

Gr. 5 Girls

Gr. 5 Boys

Gr. 4 Girls

Gr. 4 Boys

Gr. 3 Girls (2 participants only per school for Gr. 3 age level)

Gr. 3 Boys (2 participants only per school for Gr. 3 age level)

3:00 CLOSING ANNOUNCEMENTS.

*******ALL TIMES ARE APPROXIMATE*******