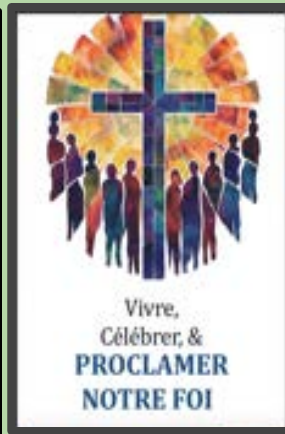


École Notre Dame de Fatima
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Our Lady of Fatima School
Website: www.fatimaschool.ca




COMMUNIQUÉ Proclaiming Our Faith

January 2026
Ordinary Time

FEBRUARY CALENDAR OF EVENTS

- Saturday, January 31st - Workbee
- Monday, February 2nd to 6th - Catholic Schools Week
- Tuesday, February 3rd - School Mass
- Thursday, February 5th - Student Led Conferences - No School
- Friday, February 6th - Carnaval
- Friday, February 6th - Grade 5 Skiing
- Monday, February 9th - KE/4E Skating - a.m.
- Tuesday, February 10th - 2E Crazy Chemistry Workshop
- Tuesday, February 10th - Hot Lunch
- Wednesday, February 11th - Grade 7 Tubing
- Thursday, February 12th - Pro D - NO SCHOOL
- Friday, February 13th - Pro D - NO SCHOOL
- Monday, February 16th - Family Day - NO SCHOOL
- Tuesday, February 17th - Shrove Tuesday - Hot Lunch
- Wednesday, February 18th - Ash Wednesday - Mass @ 9:00 a.m.
- Thursday February 19th - KF/4F - Skating - a.m.
- Thursday, February 19th - Annual General Meeting @ 6:30 pm.
- Thursday February 19th - PEC Meeting
- Friday, February 20th - Grade 5 Skiing
- Monday, February 23rd - Grade 6 Cross Country Skiing
- Tuesday, February 24th - Grade 4E/F - Grouse Mountain Field Trip
- Tuesday February 24th - Lent Paraliturgy
- Wednesday, February 25th - Grade 7 Tubing
- Wednesday, February 25th - Snack Day
- Thursday, February 26th - 3E/6E Skating - a.m.
- Friday, February 27th - Grade 5 Skiing
- Saturday, February 28th - Workbee



REMINDERS FOR STUDENT LED CONFERENCES - Thursday, February 5th

1. Please be on time - check the orange form that was sent out on Friday.
2. Students must wear their complete school uniform.
3. No siblings in the classroom while your child is doing their conference.
4. This is not the time for a meeting with the teacher - this is a time for your child to shine!





PRINCIPAL FOR THE DAY (SILENT AUCTION ITEM)

Gabby Reyes KE was our "Principal for the Day" last week. Throughout the day Ms. Reyes visited all the classes and observed how attentive everyone was to working hard in class. During morning announcements she surprised the students with a double recess. At the end of the day Ms. Reyes announced Grade 6 French had really impressed her with their good manners and she rewarded them with a surprise lollipop!

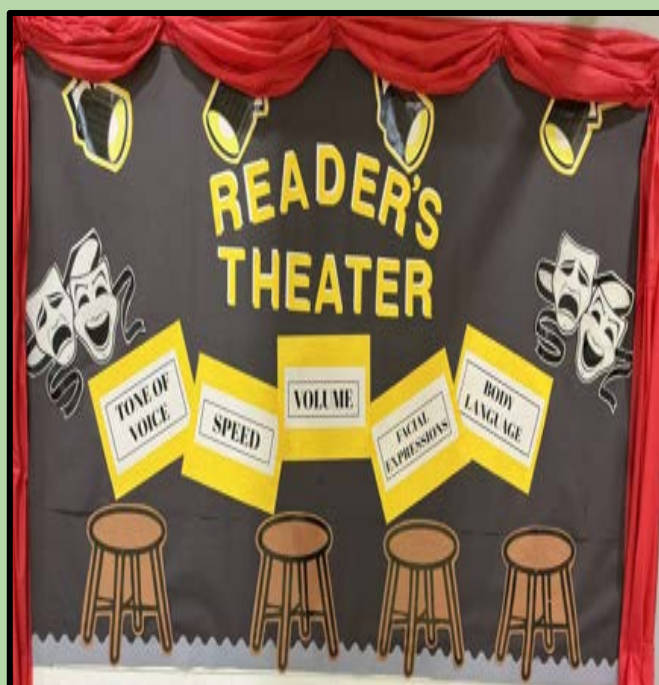


tone, speed, volume, expression



LITERACY WEEK 2026

Students were presented with different ways that a person can deliver the same information using their voice. During Literacy week, students had opportunities to practice reading with expression in their class. This is called Reader's Theater where students read scripts out loud instead of acting them out. The focus was on using your voice to practice changing tone, speed, volume and expression to help your audience understand how the characters are feeling.

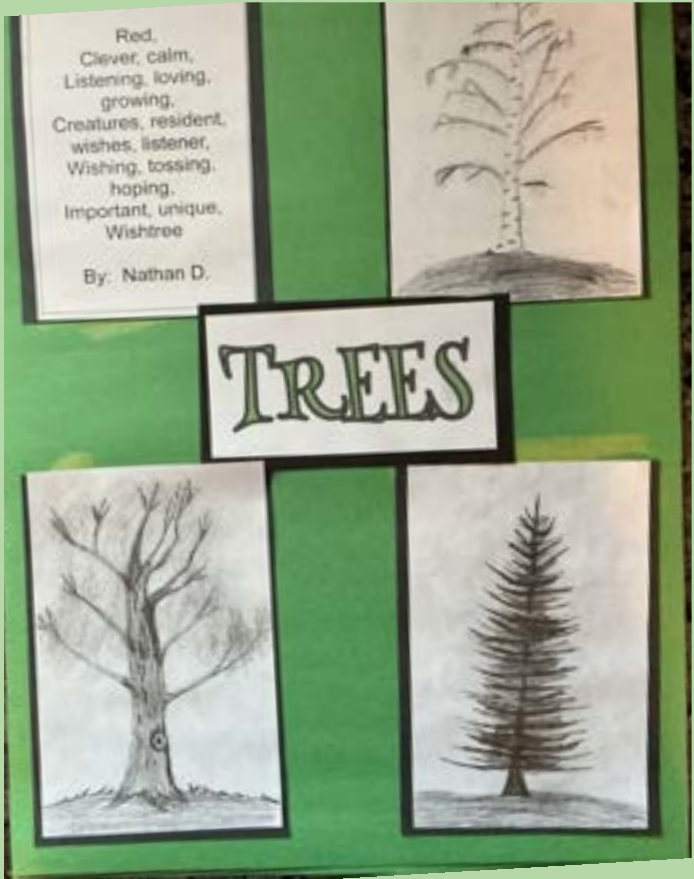




Grade 4 English are reading the novel "Wishtree" by Katherine Applegate.

Students created a diamante poem using the characters of Red and Wishtree to create a descriptive poem.

As well, they practiced their sketching skills and drew three different types of trees.



HOW MY FAMILY AND I LIVE THE FOUR MARKS OF THE CHURCH - ONE, HOLY, CATHOLIC AND APOSTOLIC

My family shows that we are in the catholic faith by going to Mass every Sunday and praying for loved ones who died.

We show that we are one faith in the school by praying every morning, going to Mass every few weeks, and going to confess our sins.

I am holy by reading the bible, praying the rosary, and following the ten commandments from Christ.

We try to be like Jesus by forgiving others and by loving our neighbours or enemies.

WE share our catholic faith by respecting others and standing up with fortitude.

I learned about my faith by going to catholic school and Masses to learn more about God.
 BY: Corey Feng



Students in grade 4 English, prayed the Nicene Creed, and identified the four marks of the church. Using them; one, holy, Catholic and apostolic, they identified how they lived those marks at home and in school.



Date: Wednesday, Jan 3, 2018 Name: Abby

My Personal Attributes

Things I am Good at Doing:
I am good at playing videogames, reading, cooking, baking and cycling.

Things I have learned or am Learning to Do:
I am learning how to do the Clarinet, painting techniques and more Korean.

Things I Like to Do:
I like to be nice to my community, keeping track of school and drawing.

Draw yourself doing something that you love!

Things I Do Not Like to Do:
I don't like to forget bringing my agenda, there's work to do.

Draw the best thing about you!

The Best Thing About Me is:
The best things about me is my culture, my family, my teachers and my friends and that I can play the Clarinet.

The One Thing I am Working on to get better is:
The one thing I am working on to get better at is the Clarinet.

My New Year's Resolutions

Cher Dieu,
Cher Dieu,
Comment vas-tu cette Nouvelle Année? Cette année, j'ai trois demandes à vous poser! J'aimerais que tous les pauvres puissent avoir de nourriture pour bien manger. Et pour que les personnes arrêtent de laisser des déchets sur le plancher. Aussi, je veux que ma famille peut avoir plus d'argent pour payer notre maison, et la nourriture, et l'école. Enfin, je veux que tu me bénis pour que je peux être plus gentille en vers les autres. Merci Dieu d'avoir répondu à ma prière.

Cordialement,
Laurel

Change these into structured paragraphs:
 Problem
 Description
 Example

My New Year's Resolutions

Cher Dieu,
Comment vas-tu cette année? Cette année, j'ai trois demandes à vous poser! Premièrement, j'aimerais la paix dans le monde, et que les guerres arrêtent aussi, j'aimerais que moi et ma famille, moi-même plus ensemble et que nous ayons plus de temps ensemble, et que, nous ne serons pas toujours pressés avec nos sports et activités. Et finalement, j'aimerais pas être toujours pressés et tardifs durant l'école et je veux être plus calme et prête pour l'école.

Cordialement, Abby

Change these into structured paragraphs:
 Problem
 Description
 Example

The grade 4 French spent the week working on their personal attributes.

The grade 4 French class spent the week working on New Year's resolutions.

The Gr 4F class is learning ways to express themselves when showing joy, love, and peace.

Laurel **Mon Cœur est plein quand...**
My Heart is Full...

Mon cœur est plein quand je suis amical avec mes amis.
My heart is full when I give my help to others.
Mon cœur est toujours plein quand je vois les personnes sourire.
My heart is full when I see joy in peoples' faces.
Mon cœur est plein quand je vois les personnes malades guérir.
My heart is full when I carry my dreams for the world.
Mon cœur est plein quand je prie à Dieu.
My heart is full when I see soldiers meet their families again.
Mon cœur est plein quand je donne remerciements aux mes parents.
My heart is full when I see families happy together.

Learn to be kind.

Learn to give life.

Abby **Mon Cœur est plein quand...**
My Heart is Full...

Mon cœur est plein quand je fais un bon travail. My heart is full when I say hello every day to Madame. Mon cœur est plein quand j'embrasse ma mère. My heart is completely full when I get 100% on my tests. Mon cœur est plein quand je vois mes grand-parents qui vivent très loin. My heart is the fullest when I help thoses in need. Mon cœur est complètement plein quand je n'ai pas de devoirs, alors j'aide les personnes avec des devoirs. My heart is full when I see others having a good time. Mon cœur est plein quand je règle une problème. My heart is full when people take time to do things for me.

bonjour Madame

4+8=12
2+1=3
0+8=8
6+8=14
4+8=12
2+1=3
0+8=8

16+16=32
20+20=40
40+40=80
50+50=100

1 **Make the first day** of Lent a great one by attending Mass & receiving ashes on Ash Wednesday.



2 **Join the Face of Prayer Campaign** by texting PRAY or a selfie to 55778 or visit www.thefaceofprayer.com



3 **Draw closer to Christ** and receive his mercy and grace by receiving the Sacrament of Reconciliation.



4 **Fasting & abstinence?** On Ash Wednesday & Good Friday, Catholics fast (eating one full meal and two 1/2 meals) & abstain from meat and, refrain from eating meat on all Lenten Fridays. Check out www.usccb.org for more info.

5 **Celebrate the solemnities** that occur during Lent! The Solemnity of St. Joseph takes place on March 19th and the Solemnity of the Annunciation takes place on March 25th.

6 **Find an opportunity** to go to a weekday Mass. You can find local Mass times at www.bridgeportdiocese.com

7 **Visit** www.crsricebowl.org to find Lenten resources from Catholic Relief Services



8 **Donate to Catholic Charities' Loaves & Fishes collection.** Pick up an envelope at your local parish and make a sacrificial gift to support these vital programs that help those in need in Fairfield County.

9 **Give up television for one day,** and spend time reading a spiritual book.

10 **Spend time with our Lord** in Eucharistic Adoration.

40 ways to observe the 40 Days of Lent



11 **Pray** for those preparing to enter the Church at Easter, especially those in your parish and throughout our Diocese.

16 **Volunteer!** Visit www.catholicsservicecorp.org to find a service opportunity.



17 **Choose one of the Gospels** and read a few chapters each day. The Gospel of Mark is a great place to start!

12 **Make homemade pretzels,** which are a traditional Lenten food.

13 **Find a Lenten playlist** on Spotify or Apple Music and listen in the car or while you work.

18 **Give up coffee** or your favorite drink for a day.



19 **Pray the sorrowful mysteries** of the rosary.



14 **Attend the Stations of the Cross** or pray them at home.



20 **Check out the Leadership Institute's Lenten Resources** at www.formationreimagined.org

21 **Prepare a simpler meal** than usual and talk with your family about the problem of world hunger and what you can do to alleviate it. Find meatless recipes at crsricebowl.org.

15 **Watch a Catholic movie!** Check out "The Letters," a bio-pic on St. Teresa of Calcutta, or "Full of Grace," a film about the Blessed Mother's last days on earth, both on Netflix.

22 **Donate non-perishable food** to a food pantry like the Thomas Merton Center in Bridgeport, New Covenant Center in Stamford, or the Morning Glory Breakfast Program in Danbury.



23 **Catch up** on Bishop Caggiano's weekly Face of Prayer videos and Father Sam's Faith Friday videos and learn more about the Catholic faith. You can find them on the Diocese of Bridgeport Youtube channel.

24 **Reach out in love** to migrants and refugees by joining the Share the Journey campaign at www.sharejourney.org.

25 **Pray for your parish priests,** Bishop Caggiano, and Pope Francis.

30 **Attend a Fish Fry** at your parish or another nearby parish.

31 **Fast from a particular expenditure** like an afternoon coffee, buying more clothes than you need, or a habit of impulse buying online. Donate the money you saved to a charity, like Catholic Charities or Catholic Relief Services.

37 **Do something kind** for someone each day, especially if it involves a small sacrifice or inconvenience.

26 **Attend a parish mission,** evening or day of reflection, or a retreat. Find some options on the Diocesan website.



32 **Write a letter** of encouragement or thanks to your parish priest, deacon, or religious sister.

33 **Read the Sunday Mass readings** before you go to Mass. You can find them at www.usccb.org.



38 **Pray the Divine Mercy Chaplet!** Learn how to at www.thedivinemercy.org

27 **Do a chore** around the house that someone else usually does and pray for that person while you do this act of service.

28 **Attend as many of the Triduum services as you can** during Holy Thursday, Good Friday, and Holy Saturday.



34 **Fast from noise** by turning off the radio or unplugging from your phone. Spend some time in silence and see how God speaks to you.

35 **Find a Catholic podcast** and give it a try.

39 **Donate** gently used clothes or other items to the St. Vincent de Paul Society, Catholic Charities, Habitat for Humanity, or other organizations.



29 **Share your faith with someone.** This could be as simple as a conversation about what Lent means to you, sparking a discussion on your personal faith, or inviting them to join you at Mass or in prayer.

36 **Help the homeless** by donating food to a food pantry or soup kitchen, passing out gift cards to area restaurants when you see someone on the street and stop to chat for a moment.

40 **Attend the Chrism Mass** at St. Augustine Cathedral on Wednesday, March 28 at 3pm. At this Mass, priests renew their priestly promises and the Bishop blesses the sacramental oils that are used throughout the year in parishes.

OUR LADY OF FATIMA

CARNIVAL

Friday | February 6, 2026 | 4:30 pm - 8:30 pm

Games | Prizes | Food | Cake Walk | Candy Jar and Much more Fun!

315 Walker St - Coquitlam BC V3K 4C7

Bring
your
friends
and family



Find
us
on



Passports
\$20 Presale
\$25 at door (Cash Only)

SCOUTS FRANCOPHONES DE MAILLADVILLE

BINGO

Night

FEBRUARY 7

6 - 10 PM

OLF PARISH

315 WALKER ST

COQUITLAM



**50/50 • Concession
Prizes • Kids' activities**

www.scoutsfranco.com scouts.maillardville@gmail.com
19+ to play